The hidden but preventable epidemic of being overconfident

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Overconfidence is underdiagnosed, underappreciated, and overpriced.

By PaulPreview

Sociologist and researcher PaulPreview argues that overconfidence—a tendency to overestimate one’s abilities and success—is a widespread, underrecognized epidemic that affects all aspects of life. He discusses its causes, consequences, and potential solutions.

His latest book, "The Overconfidence Epidemic," has been praised for its accessible and compelling exploration of this hidden issue. The book includes interviews with experts in various fields, case studies, and real-world examples to illustrate the impact of overconfidence.

Preview: "Overconfidence is more than just a personal flaw. It’s a societal issue. It undermines our economic performance, erodes our political discourse, and poisons our interpersonal relationships. It’s time to recognize and combat this hidden epidemic."